

CONTENT AREA

Mayo Clinic Health Assessment - Enter to Win

ANNOUNCEMENT

To reward employees for investing in their personal wellness, this year's participants in the Mayo Clinic Health Assessment will be entered to win one of six Apple iPads donated by the Arizona State Credit Union.

The Mayo Clinic Health Assessment began September 3rd, 2012 and two State employees have already won. James Borders of AHCCCS and Judy Rascon of DOC completed their online questionnaires in September, entered into the drawing, and our prize patrol delivered a brand new iPad to each of them. There are four more iPads to give away now through December 10th, 2012. You could be next!

The Health Assessment link can be found on the Benefit Options and YES websites or you can go directly to www.bewellstaywell.az.gov. You will need your EIN (with leading zeros) and an email address to get started. Log on and enter to win.

When you are done, you will get a personal report of your overall health, and may find some areas you would like to improve. Participants may also be eligible to engage in one-on-one, telephonic Health Coaching to make positive lifestyle changes. We want employees to be their best at work and at home; a healthier you is a better you.

ISSUED

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